

Proud member of



INDEPENDENT CHOICE

January 2020

"With the new day comes new strength and new thoughts."

- ELEANOR ROOSEVELT



**Nutiva
Organic Coconut Manna**

\$7⁹⁹

15 oz



**Traditional Medicinals
Organic Tea**

(SELECTED VARIETIES)

\$3²⁹

16 ct



**Food For Life
Organic Ezekiel 4:9® Bread**

(SELECTED VARIETIES)

\$4⁴⁹

24 oz



**GoMacro
Organic MacroBar**

(SELECTED VARIETIES)

2/\$4

2-2.4 oz



**GT's
Organic Enlightened Kombucha**

(SELECTED VARIETIES)

2/\$5

16 oz



**Lundberg Family Farms
Organic Rice Cakes**

(SELECTED VARIETIES)

\$2⁷⁹

8.5-10 oz



**Pacific Foods
Organic Broth**

(SELECTED VARIETIES)

\$2⁹⁹

32 oz



**So Delicious
Coconutmilk Yogurt Alternative**

\$4⁷⁹

24 oz



**Bragg
Liquid Aminos**

\$5⁷⁹

32 oz



**Harmless Harvest
Organic Harmless
Coconut Water**

\$3⁹⁹

16 oz



**Alexia
Potatoes**

(SELECTED VARIETIES)

2/\$5

15-20 oz



Prices & varieties may vary by location. Some items or varieties may not be available at all stores or on the same days in the month of January.



From The Ground Up Pretzels

(SELECTED VARIETIES)

2/\$5

4.5 oz



Late July Organic Restaurant Style Tortilla Chips

2/\$6

11 oz



Vegan Rob's Puffs

(SELECTED VARIETIES)

2/\$5

3.5 oz



Annie's Bunny Crackers

(SELECTED VARIETIES)

2/\$5

7.5 oz



Hippeas Organic Chickpea Puffs

(SELECTED VARIETIES)

2/\$5

4 oz



Peeled Snacks Organic Pea Snacks

(SELECTED VARIETIES)

2/\$4

3.3 oz



Kettle Potato Chips

(SELECTED VARIETIES)

2/\$4

4.2-5 oz



Beanfields Bean Chips

2/\$5

5.5 oz



gimMe Organic Organic Seaweed Snack

2/\$3

.35 oz



Barnana Organic Plantain Chips

(SELECTED VARIETIES)

2/\$6

5 oz



Angie's BoomChickaPop Popcorn

(SELECTED VARIETIES)

\$2²⁹

4.4-7 oz



Tazo Bottled Iced Tea

(SELECTED VARIETIES)

4/\$5

13.8 oz



Essentia Alkaline Water

\$1⁷⁹

1.5 lt



San Pellegrino Sparkling Natural Mineral Water

\$1⁶⁹

750 ml



Eternal Naturally Alkaline Spring Water

2/\$3

1 lt



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Westbrae Organic Black Beans

(SELECTED VARIETIES)

\$1⁷⁹

15 oz



Kettle & Fire Bone Broth

(SELECTED VARIETIES)

\$4⁹⁹

16.2-16.9 oz



Dr. McDougall's Soup Cup

(SELECTED VARIETIES)

\$1³⁹

1.3-3.4 oz



Annie's Organic Dressing

(SELECTED VARIETIES)

2/\$6

8 oz



California Olive Ranch Everyday Extra Virgin Olive Oil

\$7⁴⁹

16.9 oz



Muir Glen Organic Tomatoes

(SELECTED VARIETIES)

5/\$5

14.5 oz



Napa Valley Naturals Organic Extra Virgin Olive Oil

\$8⁹⁹

25.4 oz



Ancient Harvest Organic Supergrain Pasta

2/\$5

8-9.6 oz



Wild Planet Wild Sardines

\$1⁸⁹

4.4 oz



Annie's Mac & Cheese

(SELECTED VARIETIES)

5/\$5

5.25-6 oz



Daiya Deluxe Cheezy Mac

\$3²⁹

10.6-10.9 oz



Wasa Crispbread

(SELECTED VARIETIES)

\$1⁹⁹

8.6-9.7 oz



Once Again Nut Butter Organic Sunflower Seed Butter

\$4⁷⁹

16 oz



Justin's Nut Butter

(SELECTED VARIETIES)

\$8⁹⁹

12-16 oz



Earth Balance Peanut Butter Spread

(SELECTED VARIETIES)

\$3⁷⁹

16 oz



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Purely Elizabeth Granola

\$5²⁹

12 oz

Barbara's Cereal
(SELECTED VARIETIES)

2/\$7

8-14 oz

Bob's Red Mill Old Country Style Muesli

\$3²⁹

18 oz

Cascadian Farm Organic Organic Cereal
(SELECTED VARIETIES)

2/\$5

8.6-14.6 oz

One Degree Organics Organic Sprouted Cereal
(SELECTED VARIETIES)

\$3⁷⁹

8-12 oz

Bobo's Oat Bar
(SELECTED VARIETIES)

2/\$4

3 oz

Larabar Fruit & Nut Bar
(SELECTED VARIETIES)

5/\$5

1.6-1.8 oz

Birch Benders Paleo Pancake & Waffle Mix
(SELECTED VARIETIES)

\$3⁹⁹

12 oz

Choice Organic Teas Organic Oolong Tea

\$3²⁹

16 ct

R.W. Knudsen Organic Just Tart Cherry Juice

\$5⁴⁹

32 oz

Lakewood Organic Pure Beet Juice

\$4⁴⁹

32 oz

Vita Coco Coconut Water
(SELECTED VARIETIES)

\$3⁴⁹

1 lt

Almond Breeze Almondmilk

2/\$4

32 oz

Orgain Organic Vegan Protein Shake

\$7⁹⁹

11 oz

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Annie's Organic Bunny Fruit Snacks

(SELECTED VARIETIES)

2/\$5

4 oz



Justin's Organic Nut Butter Cups

2/\$3

1.4 oz



siggi's Icelandic Yogurt

(SELECTED VARIETIES)

4/\$5

4.0-5.3 oz



Santa Cruz Organic Organic Apple Sauce Cups

\$3²⁹

6-4 oz



Zevia Zero Calorie Soda

\$3⁷⁹

6 ct



Navitas Organic Cacao Powder

\$5⁹⁹

8 oz



So Delicious Organic Coconutmilk Creamer

\$2²⁹

16 oz



Forager Organic Dairy-Free Cashewgurt

\$4²⁹

24 oz



Chameleon Cold-Brew Organic Black Coffee Concentrate

(SELECTED VARIETIES)

\$7²⁹

32 oz



Kite Hill Almond Milk Yogurt

(SELECTED VARIETIES)

2/\$3

5.3 oz

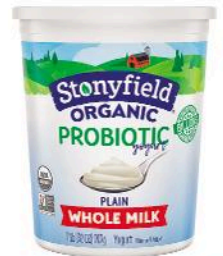


Stonyfield Organic Yogurt

(SELECTED VARIETIES)

\$3²⁹

32 oz



MALK Organic Cold-Pressed Plant-Based Milk

\$4⁹⁹

28 oz



Green Valley Organics Organic Lowfat Plain Lactose Free Kefir

\$4⁴⁹

32 oz



Califia Farms Plant Milk

(SELECTED VARIETIES)

\$3⁷⁹

48 oz



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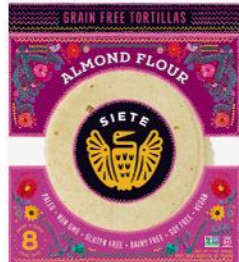




**Siete
Grain Free Tortillas**

\$5⁹⁹

8 ct



**Organic Valley
Organic Mozzarella Stringles**

\$4²⁹

6 oz



**Resolving to nourish your health,
without sacrificing any flavor!**

**Miyoko's
Organic Fresh Vegan Mozz**

\$5⁹⁹

8 oz



**Miracle Noodle
Plant Based Noodles**

\$1⁹⁹

7 oz



**Miso Master
Organic Mellow White Miso**

\$5⁷⁹

8 oz



**wildbrine
Sauerkraut**
(SELECTED VARIETIES)

\$4⁹⁹

18 oz



**Farmhouse Culture
Organic Gut Shot**

\$4²⁹

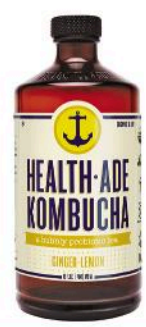
16 oz



**Health-Ade
Organic Kombucha**
(SELECTED VARIETIES)

2/\$6

16 oz



**KeVita
Organic Sparkling
Probiotic Drink**
(SELECTED VARIETIES)

2/\$5

15.2 oz



**Perfect Bar
Protein Bar**
(SELECTED VARIETIES)

2/\$4

2.2-2.5 oz



**REBBL
Organic Elixir**
(SELECTED VARIETIES)

\$2⁹⁹

12 oz



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**Vibrant Health
Green Vibrance**

\$41⁹⁹

11.68 oz

**Tofurky
Plant-Based Original Sausage**

(SELECTED VARIETIES)

\$3⁴⁹

14 oz

**Lightlife
Organic Tempeh**

(SELECTED VARIETIES)

2/\$5

8 oz

**Van's
Waffles**

(SELECTED VARIETIES)

2/\$5

8-9 oz

**Field Roast
Grain Meat Sausage**

(SELECTED VARIETIES)

\$3⁷⁹

12.95 oz

**Woodstock
Organic Wild Blueberries**

\$4⁴⁹

10 oz

**Sambazon
Organic Superfruit Packs**

(SELECTED VARIETIES)

\$4⁹⁹

4/100 g

**Cascadian Farm Organic
Organic Riced Cauliflower**

2/\$5

12 oz

**Gardein
Meatless Meat**

(SELECTED VARIETIES)

\$3²⁹

8.8-14.1 oz

**Amy's
Bowl**

(SELECTED VARIETIES)

\$3⁷⁹

8.4-10 oz

**Udi's Gluten Free
Gluten Free
Sandwich Bread**

\$3⁹⁹

12 oz

**Sunshine Burgers
Organic Veggie Burgers**

(SELECTED VARIETIES)

\$4⁹⁹

8 oz

**Vital Proteins
Collagen Peptides**

\$19⁹⁹

10 oz

**Ancient Nutrition
Multi Collagen Protein**

(SELECTED VARIETIES)

\$35⁹⁹

459-535 g

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Bluebonnet Nutrition
Blueberry Liquid Calcium
Magnesium Citrate



\$12²⁹

16 oz

Gaia Herbs
Turmeric Supreme
Extra Strength



\$17⁴⁹

60 cap

Jarrow Formulas
Saccharomyces
Boulardii + MOS



\$19⁹⁹

90 vcap

MegaFood
Multi for Women 55+



\$23⁹⁹

60 tab

Natural Factors
WellBetX® Berberine 500 mg



\$19⁹⁹

60 vcap

Natural Vitality
Natural Calm
(SELECTED VARIETIES)



\$14⁴⁹

8 oz

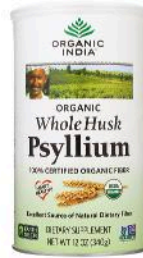
New Chapter
Bone Strength Take Care™



\$38⁹⁹

120 tab

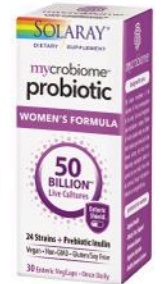
Organic India
Organic Whole Husk Psyllium



\$9⁹⁹

12 oz

Solaray
Microbiome Probiotic
Women's Formula



\$24⁹⁹

30 cap

Nordic Naturals
Nordic Berries



\$18⁴⁹

120 ct

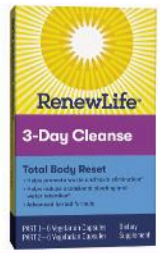
Nature's Way
Sambucus Gummies



\$14⁹⁹

60 ct

Renew Life
3-Day Cleanse



\$5⁹⁹

12 cap

WishGarden Herbs
Kick-Ass Immune



\$15⁹⁹

2 oz

NOW Foods
MCT Oil



\$17⁴⁹

32 oz

Amazing Grass
Organic Wheat Grass



\$19⁹⁹

8.5 oz

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**Bach
Rescue Remedy**

(SELECTED VARIETIES)

\$15⁹⁹

20 ml



**Wedderspoon
Organic Manuka Honey Drops**

(SELECTED VARIETIES)

\$7⁴⁹

4 oz



**Boiron
Oscillococcinum**

\$10⁹⁹

6 ct



**Desert Essence
Toothpaste**

(SELECTED VARIETIES)

\$4⁷⁹

6.25 oz



**Essential Oxygen
Organic Peppermint
Brushing Rinse**

\$8⁹⁹

16 oz



**Dr. Bronner's
Organic Pure-Castile
Liquid Soap**

\$7⁴⁹

16 oz



**ACURE
Shampoo or
Conditioner**

\$6⁴⁹

12 oz



**Tom's of Maine
Wild Lavender Long
Lasting Deodorant**

\$5⁹⁹

2.25 oz



**Alaffia
Coconut Body Wash**

\$11⁹⁹

32 oz



**Andalou Naturals
1000 Roses
Beautiful Day Cream**

\$16⁴⁹

1.7 oz



**Charlotte's Web
Hemp Infused Balm**

\$11⁴⁹

.5 oz



**Xlear
Nasal Spray**

\$8²⁹

1.5 oz



**Seventh Generation
Dish Liquid**

(SELECTED VARIETIES)

\$2⁹⁹

22-25 oz



**Ecover
Fabric Softener**

\$3⁹⁹

32 oz



**Biokleen
Bac-Out Stain + Odor
Remover**

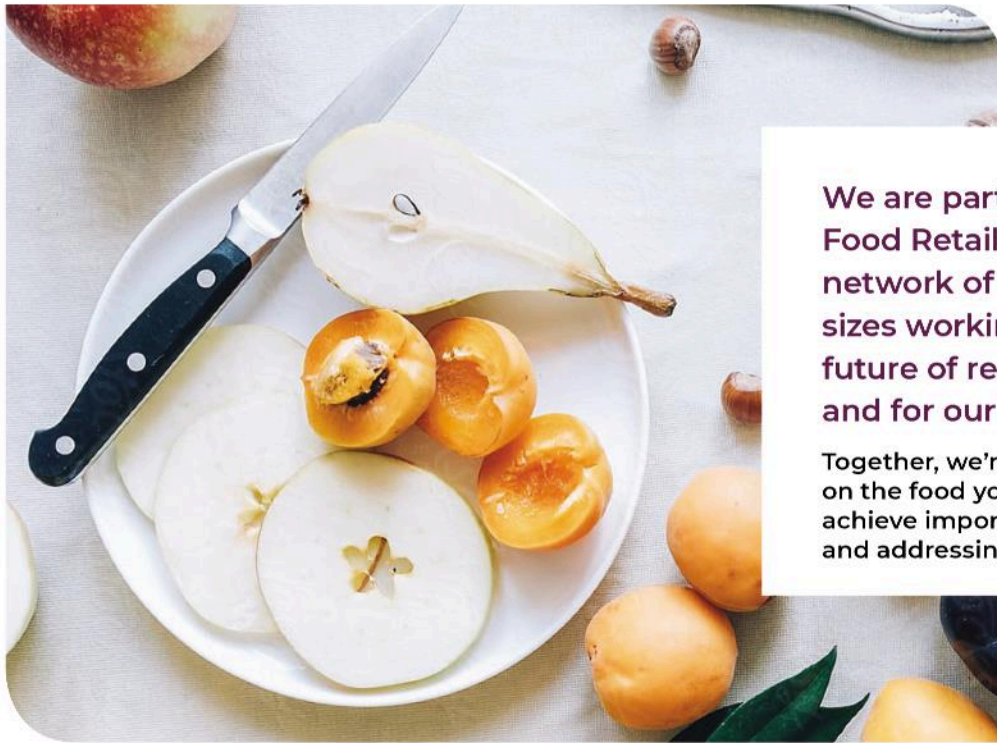
\$5⁹⁹

32 oz



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We are part of the Independent Natural Food Retailers Association (INFRA), a network of independent retailers of all sizes working together to further the future of real food—for our communities and for our planet.

Together, we're able to provide you with discounts on the food you love as well as collaborate to achieve important goals of increasing sustainability and addressing climate change.

Independent Choice specials are available at Independent Natural Food Retailers Association member store locations. For more information and a complete listing, please visit www.naturalfoodretailers.net.

ALASKA

- Natural Pantry
- Rainbow Foods

IDAHO

- Pilgrim's Market

Wealth of Health Natural Market

Winter Ridge Natural Foods Market

MONTANA

- 2 J's Fresh Market
- Camas Organic Market
- Good Food Store
- Heaven's Peak Organics

Mission Mountain Natural Foods

- Mountain Valley Foods
- Real Food Market & Deli
- Third Street Market

OREGON

- LifeSource Natural Foods
- Nature's Pantry Natural Foods
- Oregon Natural Market
- Sundance Natural Foods

WASHINGTON

- Bear Foods Natural Market
- Blossom Grocery
- Farm Fresh Market

Meyers Falls Market

- Rocket Market
- Sage Mountain Natural Foods
- The Woolley Market

WYOMING

- Good Health Market
- Jackson Whole Grocer

