

Discover Natural Connection™

January 2020



Beanitos
Black Bean Chips
Original OMG Sea Salt
5 OZ
Selected Varieties



\$2.49



Drew's Organics
Organic Thick &
Chunky Salsa
Medium
12 OZ
Selected Varieties



\$3.99



Ryvita Crisp Bread
Rye Crispbread
Original
8.8 OZ
Selected Varieties

\$2.29



Westbrae Natural
Organic Black Beans
Low Sodium
15 OZ
Selected Varieties



2/\$4



**Little Northern
Bakehouse**
Gluten Free Bread
Millet & Chia
16 OZ
Selected Varieties



\$4.49



Crystal Geyser
Sparkling
Spring Water
Lemon
1.25 LTR
Selected Varieties



\$1.29



Imagine Foods
Organic Chicken Broth
Low Sodium
32 FL OZ
Selected Varieties



2/\$5



Imagine Foods
Organic
Tomato Basil Soup
32 OZ
Selected Varieties



2/\$7



Celestial Seasonings
Herbal Tea
Sleepytime Caffeine Free
20 BAG
Selected Varieties



2/\$5

Some items may not be available. See store for details.
Printed with soy ink on recycled paper. Not responsible for typographical errors.



Halo Top Creamery
Light Ice Cream Pops
Peanut Butter Swirl
12 FL OZ
Selected Varieties

GF

\$6.49



Slim Twin
Organic Low Fat Ice Cream
Mint Chip
PINT
Selected Varieties

USDA ORGANIC

\$4.49



Enlightened
Keto Ice Cream
Peanut Butter Fudge
16 FL OZ
Selected Varieties



Sambazon
Organic
Superfruit Packs
Original Blend
4/100 GRM
Selected Varieties



Wyman's Of Maine
Frozen Fruit
Triple Berry Blend
3 LB
Selected Varieties

GF

\$10.99



Van's Natural Foods
Gluten Free Waffles
Blueberry
18 OZ

GF

\$4.49



Dr. Praeger's
Oaties Oatmeal
Dipping Sticks
Chocolate Chip
8 OZ
Selected Varieties

GF

\$2.99



Food For Life
Organic Bread
Ezekiel 4:9
24 OZ

USDA ORGANIC

\$4.79



Three Bakers
Whole Grain Bread
7 Ancient Grains
17 OZ
Selected Varieties

GF

\$5.49

Halo Top Creamery
Light Ice Cream
Vanilla Bean
1 PINT

GF

\$4.79



APPLEGATE
NATURAL & ORGANIC MEATS

**NO ANTIBIOTICS
EVER**

**APPLEGATE
HUMANELY RAISED***

*Beef raised on pasture and 100% grass-fed with no confinement or grain-finishing. Turkey raised on organic vegetarian feed, on family farms, with at least 33% more space than industry standard and environmental enrichments to promote natural behaviors and well-being. Chicken raised on organic vegetarian feed, on family farms, with at least 24% more space than industry standard and environmental enrichments to promote natural behaviors and well-being. Pork raised with no crates ever on family farms on vegetarian feed and no ractopamine (a beta-agonist growth promotant).

© 2020 Applegate Farms, LLC

NEW!

**THE VEGGIE BURGER
FOR MEAT EATERS.**

APPLEGATE ORGANICS®
THE GREAT ORGANIC BLEND BURGER™



\$8.49



Part Meat. Part Mushroom. All Burger.

NEW!

**ALL FLAVOR.
NO SUGAR.**

APPLEGATE NATURALS®
NO SUGAR BREAKFAST SAUSAGE



\$3.99



**Swap out the sweet but keep the savory -
Whole30 Approved®.**



Good Things Come in Tres®

Vibrant, Latin-inspired flavor. Real, simple ingredients. Originating in El Salvador, pupusas are as much a meal as they are a flavor adventure. Tres Latin Foods' take on this classic dish serves up the total package: simple and unique fillings in a soft, crispy corn masa crust. Ready in 10 minutes or less.



Tres Latin Foods
Pupusas
Chicken and Cheese
4/2.5 OZ
Selected Varieties

GF
\$4.99



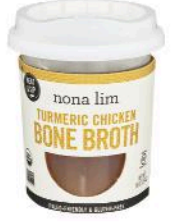
The Bear & The Rat
Frozen Yogurt
Dog Treat
Bacon & Peanut Butter
14 FL OZ

GF
\$5.49



Grain Trust
Hibachi Fried Rice
Microwavable Pouches
20 OZ
Selected Varieties

GF
\$3.99



Nona Lim
Organic Bone
Broth Cup
Turmeric Chicken
10 FL OZ

GF **USDA ORGANIC** **NON-GMO VERIFIED**
\$4.79

ARE YOU READY FOR THE Big Game

Farmwise
Mozzarella
& Broccoli Bites
7 OZ
Selected Varieties



GF **MADE WITH REAL CHEESE**
\$4.49

Dr. Praeger's
Perfect Burgers
2 Pack
8 OZ
Selected Varieties



GF
\$4.49

Annie Chun's
Organic Potstickers
Pork & Vegetable
7.6 OZ
Selected Varieties



USDA ORGANIC
\$3.49

Gardein
Meat-Free
Crispy Tenders
Seven Grain
9 OZ
Selected Varieties



\$3.99

Quorn Foods
Meatless
Chik'n Nuggets
10.6 OZ
Selected Varieties



\$3.99

Quorn Foods
Meatless Patties
Spicy
9.31 OZ
Selected Varieties



\$3.99

Nate's
Meatless
Meatballs
Zesty Italian
10.5 OZ
Selected Varieties



\$4.49

Caulipower
Cauliflower Pizza
Margherita
11.6 OZ
Selected Varieties



GF
\$7.49

Cappello's
Italian Sausage Pizza
with Roasted Red Peppers
12 OZ
Selected Varieties



GF
\$7.99

Daiya Foods Inc
Supreme Pizza
19.4 OZ
Selected Varieties



GF
\$6.99

Maria And Ricardo's
Cauliflower
Tortillas
6 CT
Selected Varieties

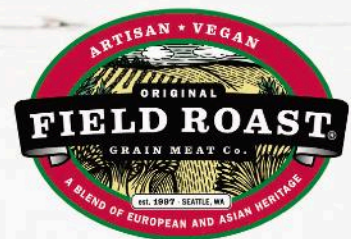


GF
\$4.99



Plant Based Breakfast

Start your day off the right way



Lightlife
Smart Ground
Meatless Original
Crumbles
12 oz
\$3.49
Selected Varieties



Lightlife
Organic Tempeh
Original
8 oz
\$2.79
Selected Varieties



Field Roast
Breakfast Sausages
Apple Maple
9.3 oz
\$4.49



Field Roast
Vegetarian Sausages
Smoked Apple Sage
12.95 oz
\$4.79
Selected Varieties



ORGANIC SILK SOYMILK
UNSWEETENED
64 FL OZ
\$3.99



SILK PURE ALMOND MILK
UNSWEETENED
64 FL OZ
\$3.49

CHANGE
STARTS
with



Corporation

and the

We believe in
**NOURISHING
PEOPLE
PLANET.**

And we're proud
to use our brand as a
Force for Good.



DANONE
NORTH AMERICA

LARGEST B CORP™ IN THE WORLD



SO DELICIOUS ORGANIC
COCONUT MILK UNSWEETENED
64 FL OZ
\$3.99



HORIZON CHOCOLATE
LOWFAT MILK
12/8 FL OZ
\$14.49



HORIZON ORGANIC
AMERICAN SINGLES
8 OZ
\$4.79



HORIZON ORGANIC
WHOLE MILK
6/8 FL OZ
\$7.49

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Ultra-Creamy Goodness

Smooth, naturally creamy and right at home in your kitchen. Califia Farms' lovable oatmilk is made from whole grain gluten-free oats grown in North America. Delicious on its own, poured over cereal or blended in smoothies, Califia Farms' oatmilk is so versatile you'll drink it faster than you can spell O-A-T.



Califia Farms
Oatmilk
Unsweetened
48 FL OZ
Selected Varieties

GF
\$4.29

Stonyfield Farm
Organic Whole
Milk Yogurt
Plain
32 OZ
Selected Varieties



GF
\$4.49

Siggi's Skyr
Non-Fat Icelandic
Style Yogurt
Vanilla
5.3 OZ
Selected Varieties



\$1.49

Lifeway Kefir
Whole Milk Kefir
Strawberry
32 FL OZ
Selected Varieties



GF
\$4.79

Once Upon A Farm
Organic Baby
Food Pouch
Green Kale & Apples
3.2 OZ
Selected Varieties



GF
2/\$4

Almond Breeze
Almond Milk
Original
64 FL OZ
Selected Varieties



GF
\$3.79

Califia Farms
Almondmilk Creamer
Unsweetened
25.4 FL OZ
Selected Varieties

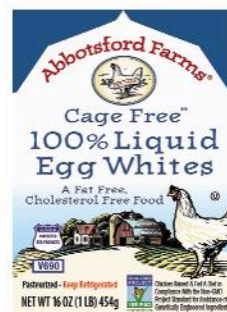


\$4.79



Rumiano
Organic Raw Cheddar
Cheese
Medium
8 OZ

\$4.29



Abbotsford Farms
Liquid
Egg Whites
16 FL OZ

\$4.39



Organic Valley
Organic Ultra-Filtered
2% Milk
56 FL OZ
Selected Varieties

\$5.99



Organic Valley
Organic Ultra-Filtered
2% Milk
Chocolate
56 FL OZ
Selected Varieties

\$5.99

High in protein, low in sugar, lactose-free, and exceptionally creamy, Organic Valley's organic ultra-filtered milk offers the perfect sip for families who want to have it all.



Zen
Organic
Almondmilk Pudding
Chocolate
4/3.5 OZ

GF
\$4.49



Hope Dips
Cashew & Almond Dip
French Onion
8 OZ
Selected Varieties

GF
\$3.99



Organic Valley
Organic Ultra-Filtered
Fat-Free Milk
56 FL OZ
Selected Varieties

\$5.99



Organic Valley
Organic Ultra-Filtered
Whole Milk
56 FL OZ
Selected Varieties

\$5.99



Good Belly
Organic Probiotic
Juice Drink
Blueberry Acai
32 FL OZ
Selected Varieties



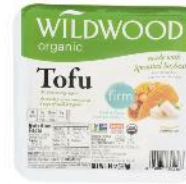
2/\$6



Vive Organic
Organic
Wellness Shot
Immunity Boost
2 FL OZ
Selected Varieties



2/\$6



**Wildwood Natural
Foods**
Organic
Sprouted Tofu
Firm
14 OZ



\$2.29



Nasoya Foods
Organic
Sprouted Tofu
Super Firm
16 OZ



\$2.99



Harmless Harvest
Organic
Coconut Water
16 FL OZ



\$3.99



Mamma Chia
Organic Chia Beverage
Blueberry Pomegranate
10 FL OZ
Selected Varieties



\$2.79



Wildbrine
Sauerkraut Salad
Red Beet & Cabbage
18 OZ
Selected Varieties



\$5.49



Miso Master
Organic Miso
Traditional Red
16 OZ
Selected Varieties



\$9.29



Health-Ade
Organic Kombucha
Pink Lady Apple
16 FL OZ
Selected Varieties



\$3.29



Humm Kombucha
Organic Kombucha
Blueberry Mint
14 FL OZ
Selected Varieties



\$2.79



**Bubbies Of San
Francisco**
Pickles
Bread & Butter Chips
33 OZ
Selected Varieties



\$6.49



NutzO
Organic Bold
Bitez Bar
Power Fuel + Collagen
1.41 OZ
Selected Varieties

\$2.49



Inner-Eco
Sparkling Probiotic
Coconut Water
Unsweetened Original
15 FL OZ
Selected Varieties



\$15.49

KEVITA®

Flavor That *Kicks*

Kevita's newest flavor features a combination of tart blackberries and subtly sweet hops. Fermented with a kombucha tea culture, this healthy drink contains billions of live probiotics, organic acids and organic caffeine.



Kevita
Organic Master
Brew Kombucha
Blackberry Hops
15.2 FL OZ
Selected Varieties



2/\$5



Kevita
Organic Sparkling
Probiotic Tonic
Turmeric Ginger
15.2 FL OZ
Selected Varieties



2/\$5



Kevita
Organic Sparkling
Probiotic Drink
Lemon Ginger
15.2 FL OZ
Selected Varieties



2/\$5



Kevita
Organic Sparkling
Probiotic Drink
Watermelon Rose
15.2 FL OZ
Selected Varieties



2/\$5



JANUARY 19TH IS
National
#PopcornDay



Lesser Evil
Organic Buddha
Bowl Popcorn
Himalayan Pink
5 OZ
Selected Varieties

GF
2/\$6



Torie & Howard
Organic Chewie
Fruities Candy
Assorted Sours
4 OZ
Selected Varieties

GF
\$2.49



Bakeology
Crunchy
Cookie Bites
Chocolate Chip
6 OZ
Selected Varieties

GF
\$4.49

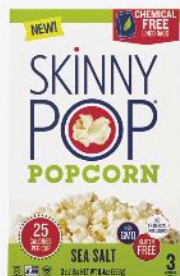


Enjoy Life
Soft Baked
Mini Cookies
Chocolate Chip
6 OZ
Selected Varieties

GF
\$3.79

SkinnyPop Popcorn
Microwave Popcorn
Sea Salt
3 1/2/8 OZ

GF
\$3.49



Yumearth
Organic Lollipops
Assorted Flavors
4.2 OZ
Selected Varieties

GF
\$3.49



Nothin' But
Granola
Cookie Bites
Chocolate +
Coconut +
Almond
7 OZ

GF
\$5.49



Ka'me
Rice Crackers
Sesame
3.5 OZ
Selected Varieties

\$2.49

G.H. Cretors
Popped Corn
Chicago Mix
7.5 OZ
Selected Varieties

\$2.99



Simply Gum
Natural Gum
Peppermint
15 CT
Selected Varieties

2/\$5



Bhujia
Nut Mix
7 OZ
Selected Varieties

2/\$6



Veggie Gos
Organic Veggie
Go's Strips
Strawberry Apple +
Sweet Potato
0.42 OZ
Selected Varieties

GF
5/\$5



Shrooms
Shiitake
Mushroom
Jerky
Honey Chipotle
2 OZ

\$5.29



Fishpeople
Wild Alaskan
Salmon Jerky
Sweet + Smoky
Original
2.15 OZ
Selected Varieties

GF
\$5.99



Fruit Bliss
100% Organic
Dried Turkish
Apricots
Mini
1.76 OZ
Selected Varieties

GF
\$1.49



Fruit Bliss
100% Organic
Fruit & Nut
Bites
Cherries + Dates +
Hazelnuts
4 OZ
Selected Varieties

GF
\$4.49

A Lunchbox
Superfood
Essential



gimMe Seaweed Snacks are made from premium organic seaweed, roasted to crispy perfection with organic sunflower oil and seasoned with a pinch of sea salt. Three simple ingredients. One delicious snack. Naturally loaded with protein, fiber and nutrients, it's crafted to supercharge your day with nutritious, delicious, snackable fun.

GimMe Seaweed Snacks

Organic Roasted Seaweed Snack

Sea Salt

6/.17 OZ

Selected Varieties



\$3.99



Good Health
Veggie Straws
Sea Salt
6.25 OZ
Selected Varieties

GF
\$2.99



Uglies
Kettle Cooked
Potato Chips
Original Sea Salt
6 OZ
Selected Varieties

GF
\$2.79



Boulder Canyon Natural Foods
Avocado Oil Canyon
Cut Potato Chips
Classic Sea Salt
5.25 OZ
Selected Varieties

GF
\$2.49



Popchips
Potato Chips
Sea Salt
5 OZ
Selected Varieties

GF
\$3.29



Mike's Organic
Coconut Chips
Organic Coconut Chips
Lemongrass
3 OZ
Selected Varieties



\$4.49



Orchard Valley Harvest
Trail Mix Packs
Cranberry Almond
Cashew
8 OZ
Selected Varieties

\$6.29



Green Mountain Gringo
Salsa
Medium
16 OZ
Selected Varieties



\$4.99



Stacy's Pita Chips
Pita Chips
Simply Naked
7.33 OZ
Selected Varieties

\$2.29



Paqui
Tortilla Chips
Mucho Nacho Cheese
7 OZ
Selected Varieties

GF
\$3.79



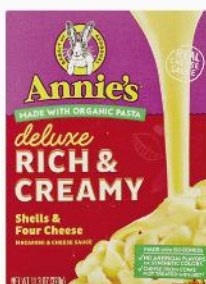
Way Better Snacks
Sprouted Tortilla
Chips
Multi-Grain
5.5 OZ

GF
\$2.79



Peeled
Organic Peas Please
Crunchy Snack
Sea Salt
3.3 OZ
Selected Varieties

GF
\$2.29



Annie's Homegrown
Deluxe Macaroni
& Cheese
Shells & Four Cheese
11.3 oz
2/\$6
Selected Varieties



Annie's Homegrown
Organic
Macaroni & Cheese
Shells & Real Aged
Cheddar
6 oz
2/\$5
Selected Varieties



Annie's Homegrown
Macaroni & Cheese
Shells & White Cheddar
6 oz
2/\$4
Selected Varieties



Annie's Homegrown
Organic
Toaster Pastries
Strawberry
with Frosting
11 oz
\$3.79



Annie's Homegrown
Organic
Cocoa Bunnies Cereal
10 oz
\$4.49
Selected Varieties



Cascadian Farm
Organic Cinnamon Crunch Cereal
9.2 oz
OR
Organic Granola Cereal
Cinnamon Raisin
15.6 oz
2/\$8
Selected Varieties



Annie's Homegrown
Organic Baked
Bunny Snacks
Chocolate Graham
or Cheddar Crackers
7.5 oz
\$3.29
Selected Varieties



Annie's Homegrown
Organic Bunny
Fruit Snacks
Berry Patch
4 oz
\$3.99
Selected Varieties



Cascadian Farm
Organic Chewy
Granola Bars
Dark Chocolate Chip
7.4 oz
2/\$8
Selected Varieties



Muir Glen
Organic
Crushed Tomatoes
Fire Roasted
28 OZ
2/\$5
Selected Varieties



Muir Glen
Organic Pasta Sauce
Chunky Tomato
& Herb
25.5 FL OZ
\$3.29
Selected Varieties

Snack Your Way
Into The New Year



Annie's Homegrown
Organic Chewy
Granola Bars
Chocolate Chip
5.34 oz
2/\$7
Selected Varieties



Annie's Naturals
 Lite Dressing
 Poppy Seed
 8 FL oz
2/\$6
 Selected Varieties



Annie's Naturals
 Organic Dressing
 Green Goddess
 8 FL oz
\$3.29
 Selected Varieties



Liberte
 Organic
 Whole Milk Yogurt
 Philippine Coconut
 5.5 oz
\$1.79
 Selected Varieties



Cascadian Farm
 Organic
 Frozen Green Beans
 Cut
 16 oz
\$2.79
 Selected Varieties

Cascadian Farm
 Organic
 Frozen Sweet
 Peas
 10 oz
2/\$5
 Selected Varieties



Epic
 Pork Rinds
 Sea Salt & Pepper
 2.5 oz
2/\$7
 Selected Varieties

Epic
 Performance Bar
 Lemon
 1.87oz
2/\$4
 Selected Varieties



Epic
 Bison Bar
 Uncured Bacon + Cranberry
 1.3 oz
2/\$5
 Selected Varieties



Epic
 Traditional
 Chicken Jerky
 Sriracha
 2.25 oz
\$4.49
 Selected Varieties

Larabar
 Fruit & Nut Bar
 Peanut Butter Chocolate Chip
 1.6 oz
4/\$5
 Selected Varieties



**Food Should
 Taste Good**
 Tortilla Chips
 Multigrain
 5.5 oz
2/\$5
 Selected Varieties



Larabar
 Kid's Brownie Bars
 Chocolate
 6/96 oz
2/\$8
 Selected Varieties



Cascadian Farm
 Organic Frozen Shredded Potatoes
 Spud Puppies
 16 oz
 OR
 Organic Frozen
 Cauliflower
 Riced
 12 oz



\$3.29
 Selected Varieties



Muir Glen
 Organic Diced Tomatoes
 OR
 Organic Crushed Tomatoes
 Fire Roasted
 14.5 OZ
2/\$3
 Selected Varieties



Cascadian Farm
 Organic Frozen
 Blueberries
 8 oz
\$3.99
 Selected Varieties



Good To Go
Keto Snack Bar
Vanilla Almond
1.41 OZ
Selected Varieties

GF
\$1.99



Health Warrior
Chia Bar
Coconut
.88 OZ
Selected Varieties

GF
4/\$5



Evo Hemp
Hemp Bar
Brownie Chip
1.7 OZ
Selected Varieties

GF
\$2.29



Gomacro
Organic MacroBar
Oatmeal Chocolate Chip
2.3 OZ
Selected Varieties

GF
\$2.29



Clif Bar
Builder's Protein Bar
Chocolate Mint
2.4 OZ
Selected Varieties

2/\$3



Think! Thin
High Protein Bar
Double Caramel Bliss
2.1 OZ
Selected Varieties

\$1.49



Barbara's Bakery
Puffins Cereal
Peanut Butter
11 OZ
Selected Varieties

2/\$7



Dang
Plant-Based Keto Bar
Lemon Matcha
1.4 OZ
Selected Varieties

2/\$4



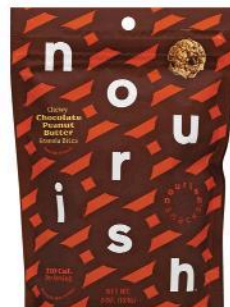
Zing Bars
Vitality Bar
Dark Chocolate Coconut
1.76 OZ
Selected Varieties

\$1.99



Made Good
Organic Granola
Bars
Sweet & Salty
6/.85 OZ
Selected Varieties

GF
\$3.49



Nourish Snacks
Chewy Granola
Bites
Chocolate Peanut
Butter
4 OZ
Selected Varieties

GF
\$3.79

START YOUR DAY WITH A hearty breakfast



One Degree Organic Foods
Organic Sprouted
Oat Granola
Honey Hemp
11 OZ
Selected Varieties

GF
\$4.49



McCann's Irish Oatmeal
Oatmeal
Steel Cut Quick & Easy
24 OZ

\$5.49

Sprout Foods Inc
Organic Baby Food Pouch
Blueberry Banana Oatmeal
3.5 OZ
Selected Varieties

GF
\$1.49





Manuka Doctor
20+ Manuka Honey
Single Serve Shot
0.25 OZ
Selected Varieties

GF
99¢



Biotta
Organic Juice
Elderberry
16.9 FL OZ
Selected Varieties

USDA ORGANIC
NON GMO VERIFIED
GF
\$6.99



Honest Kids
Organic Juice Boxes
Berry Berry Good
Lemonade
8/6.75FZ
Selected Varieties

GF
USDA ORGANIC
\$3.99



Hubert's
Lemonade
Original
16 FL OZ
Selected Varieties

\$1.79



Buddha Teas
Organic
Herbal Tea
Elderberry
18 CT

USDA ORGANIC
\$4.99



Celestial Seasonings
Herbal Tea
Bengal Spice
20 BAG
Selected Varieties

NON GMO VERIFIED
GF
2/\$5



R.W. Knudsen
Organic Juice
Just Tart Cherry
32 FL OZ
Selected Varieties

GF
USDA ORGANIC
\$5.99



R.W. Knudsen
Simply
Nutritious Juice
Morning Blend
32 FL OZ
Selected Varieties

GF
USDA ORGANIC
\$2.99



VitaCup Inc
Genius
Coffee Pods
with MCT
10 CT
Selected Varieties

\$10.49



Lavazza
Roasted Ground
Coffee
Espresso
8 OZ
Selected Varieties

\$7.99



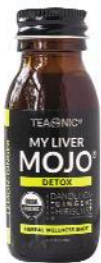
Honest Tea
Organic
Just Green Tea
Unsweetened
16 FL OZ
Selected Varieties

GF
USDA ORGANIC
\$1.49



Tazo Tea
Iced Green Tea
Giant Peach
13.8 FL OZ
Selected Varieties

\$1.29



Teaonic
My Liver Mojo
Wellness Shot
Detox
2 FL OZ
Selected Varieties

GF
USDA ORGANIC
\$1.79



Zest Tea
Black Energy Tea
Blue Lady
1.32 OZ
Selected Varieties

GF
\$4.99



Orgain
Organic Plant Based
Protein Shake
Chocolate
14 FL OZ

GF
USDA ORGANIC
\$3.49



Steaz
Energy Drink
Berry Zero
12 FL OZ
Selected Varieties

\$1.79



Only What You Need
Plant-Based
Protein Drink
Cookies n Cream
12 FL OZ
Selected Varieties

GF
USDA ORGANIC
2/\$6



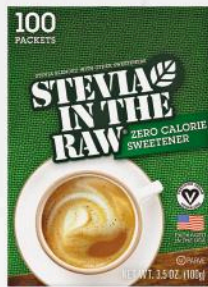
Iconic
Protein Drink
Chocolate Truffle
11.5 FL OZ
Selected Varieties

2/\$6



**Stevia
In The Raw**
Zero Calorie
Sweetener
100 CT

\$5.49



Just one packet has the approximate sweetness of two teaspoons of sugar.



Justin's Nut Butter
Almond Butter
Classic
16 OZ
Selected Varieties

GF **NON DAIRY**
\$9.99



Navitas Organics
100% Organic
Cacao Powder
Antioxidant Blend
8 OZ

GF **USDA ORGANIC**
\$7.99



**Otto's
Naturals**
Cassava Flour
2 LB

GF **NON DAIRY**
\$12.99



Birch Benders
Keto Pancake
& Waffle Mix
10 OZ
Selected Varieties

GF
\$5.99

Sweet Leaf
Sweet Drops
Liquid Stevia
Vanilla Creme
2 FL OZ
Selected Varieties

\$8.99



The simple way to drop in fun flavors to your favorite foods and beverages.



Coombs Family Farms
Organic
Maple Syrup
Grade A Dark Color
32 FL OZ

USDA ORGANIC
\$23.49



Walden Farms
Pancake Syrup
12 FL OZ
Selected Varieties

\$3.29



Flapjacked
Muffin Mix Cup
Double Chocolate
1.94 OZ
Selected Varieties

GF
2/\$5



Health Warrior
Protein Mug Muffin
Peanut Butter Chocolate Chip
2.01 OZ
Selected Varieties

GF
\$2.29

Bulk

Organic Cranberries
Sweetened
\$5.79/lb

Organic Beans
Garbanzo Chickpea
\$2.09/lb

100% Organic Chia Seeds
Black
\$3.49/lb

Organic Raisins
Flame
\$2.79/lb

Organic Split Lentils
Red
\$1.19/lb

Organic
Pumpkin Seeds
\$2.89/lb

100% Organic Quinoa
Red
\$2.89/lb

Organic Dates
Large Medjool
\$6.49/lb

Organic
Amaranth
\$1.39/lb

100% Organic Almonds
Raw
\$12.19/lb



Zico Coconut Water
Coconut Water
Chocolate Protein
16.9 FL OZ
Selected Varieties

GF

\$2.49



Zico Coconut Water
100% Coconut Water
1LTR



\$4.79

ALKALINE88

Himalayan mineral-enhanced
alkaline water kicks your
hydration into high gear

Alkaline88

Alkaline Water
Watermelon
16.9 FL OZ
Selected Varieties

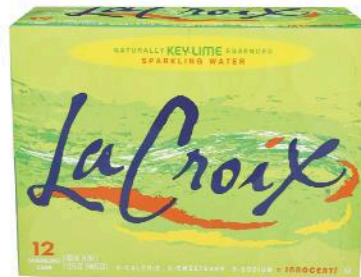
\$1.49



C2o Pure Coconut Water
Pure Coconut Water
Original
33.8 FL OZ



\$3.49



LaCroix
Sparkling Water
Key Lime
12/12 FL OZ
Selected Varieties

\$4.99



VitaCoco
Pure
Coconut
Water
1 Liter

2/\$7

Selected
Varieties



Breakfast Blast

- 1 avocado
- 1 cup frozen spinach
- 1 cup Vita Coco Coconut Water
- 1 cup diced pineapple
- 1 tbsp lemon juice

Blend ingredients with ice for
a yummy way to start your day.



Savor Sustainably Sourced Sardines

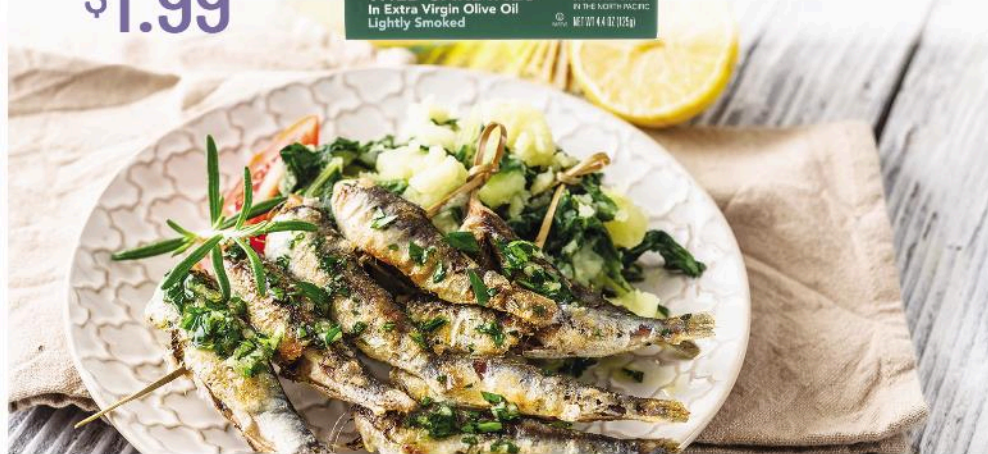
Sustainably sourced, Wild Planet sardines are nutritional powerhouses loaded with essential nutrients. Each meaty sardine is packed with Omega 3, protein, calcium, iron and potassium. Every tasty little fish is scale-free and delectable on a sandwich or as a salad topper.

Wild Planet

Lightly Smoked Wild Sardines
in Extra Virgin Olive Oil
4.4 OZ
Selected Varieties



\$1.99



Lundberg Family Farms

100% Organic
Jasmine Rice
California White
2 LB
Selected Varieties



\$5.49



Near East

Rice Pilaf
Original
6 OZ
Selected Varieties



2/\$4



Seeds of Change

Organic Quinoa
& Brown Rice
with Garlic
8.5 OZ
Selected Varieties



\$2.79



Davinci

Pasta
Fettuccine
16 OZ
Selected Varieties

2/\$3



Rustic Crust

Cauliflower
Pizza Crust
9 OZ



\$3.99



Sharwood

Cooking Sauce
Tikka Masala
14.1 FL OZ
Selected Varieties

\$3.49



Chosen Foods

Coconut Oil Mayo
Traditional
12 FL OZ
Selected Varieties



\$7.29



La Tourangelle

Organic Dressing
Citrus Chipotle
Vinaigrette
8.45 FL OZ
Selected Varieties



\$3.99



Bragg

Liquid Aminos
16 FL OZ

\$3.49



Big Tree Farms

Organic Sauce
Coco Amino
10 FL OZ
Selected Varieties



\$4.99



A Vogel

Spicy Sea Salt
8.8 OZ



\$6.49



La Tourangelle

Avocado Oil
Delicate
16.9 FL OZ



\$10.49



Lucini Italia

Premium Extra Virgin
Olive Oil
16.9 OZ



\$13.49



Bellucci Premium

Organic Extra Virgin
Olive Oil
100% Italian
500 ML



\$12.49



Aunt Patty's

Organic Virgin
Coconut Oil
Unrefined & Cold
Pressed
12 FL OZ



\$6.49

If you're looking for a rich, natural, luscious ingredient to add to your dishes or rejuvenate your health, La Tourangelle's avocado oil is the perfect choice for your kitchen and your home. Not only is it packed with nutrients and healthy to consume, but it can rejuvenate your appearance when applied topically.

The Cat Food They Meow For

PetGuard® makes wet and dry recipes that guard your pets' health and happiness by being free of animal by-products, fillers, carrageenan, artificial preservatives, artificial colors, and artificial flavors. The Chicken & Beef Dinner is a complete diet containing everything your cat needs and loves to eat.



Petguard
Wet Cat Food
Chicken & Beef Dinner
5.5 OZ
Selected Varieties

GF
2/\$3



Country Save
Laundry Detergent
Powder
10 LB
\$14.99



Hex Performance
Laundry Detergent
Fresh & Clean
50 FL OZ
\$8.99



Boulder Clean
Natural Laundry
Detergent
100 FL OZ
Selected Varieties
\$11.99



Biokleen
Stain + Odor
Remover Spray
Bac-Out
32 FL OZ
\$6.99



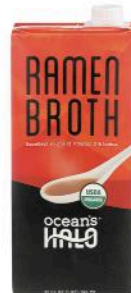
Twist
Naked Sponge
CT
\$1.99



J.R. Watkins
Foaming
Hand Soap
Lemon
9 FL OZ
Selected Varieties
\$3.99



Bare Bones Broth
Chicken
Bone Broth
16 FL OZ
GF **USDA ORGANIC**
\$6.99



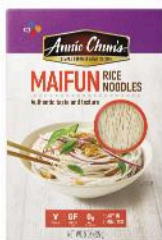
Ocean's Halo
Organic Ramen
Broth
32 FL OZ
Selected Varieties
GF **USDA ORGANIC**
\$3.79



Ocean's Halo
Organic Miso Broth
32 FL OZ
Selected Varieties
GF **USDA ORGANIC**
\$3.79



Ocean's Halo
Organic Pho Broth
32 FL OZ
Selected Varieties
USDA ORGANIC
\$3.79



Annie Chun's
Rice Noodles
Maifun
8 OZ
Selected Varieties
2/\$6



Annie Chun's
Soup Bowl
Vietnamese Pho
5.9 OZ
Selected Varieties
2/\$7



Miracle Noodle
Shirataki
Konjac Pasta
Angel Hair
7 OZ
Selected Varieties
GF **NON-GMO** **VEGETARIAN**
\$2.29



Thai Kitchen
Coconut Milk
Unsweetened
13.66 FL OZ
\$1.99



Bone Broth Soup
Bone Broth Soup
Spicy Chili
2.18 OZ
Selected Varieties
\$2.49

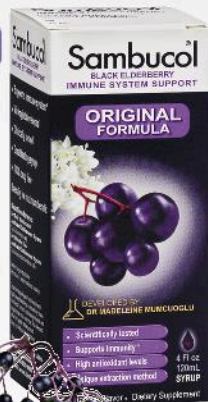
Once Again
Organic Tahini
Unsweetened
& Salt Free
16 OZ
USDA ORGANIC **NON-GMO** **VEGETARIAN**
\$6.99



The surprise ingredient in hummus for most people is the Tahini. Made from ground sesame seeds, Tahini adds to the texture and flavor of hummus.

Sambucol
Black Elderberry Immune
System Support
Original Formula
4 FL OZ
Selected Varieties

\$10.49



Sambucol,
the original Black
Elderberry extract,
provides strong immune
system support to help
you and your family
stay healthy throughout
the year.



Tea Tree Therapy
Chest Rub
Eucalyptus
2 OZ
Selected Varieties

\$6.99



Eco-Dent
Daily Care
Toothpowder
Original Mint
2 OZ
Selected Varieties

\$5.99



Eco-Dent
ExtraBrite
Toothpowder
Dazzling Mint
2 OZ

\$6.49



Similasan
Eye Drops
Irritated Eye Relief
10 ML
Selected Varieties

\$8.99



Swiss Kriss
Natural Herbal
Laxative Flakes
1.5 OZ

\$3.99



Yerba Prima
Daily Fiber
Capsules
180 CAP
Selected Varieties

\$10.49



Earthrise
Dietary
Supplement
Spirulina Natural
90 TAB

GF
\$7.49



Kyolic
Cardiovascular
Original Formula
200 CAP

GF
\$18.49



Nutrition Now
PB8
Digestive Health
120 CAP

GF
\$14.99



Boiron
Chestal Cough
Syrup
Cold & Cough
60 TAB

\$8.99



American Health
Ester-C 1000
With Citrus
Bioflavonoids
90 CAP

\$18.99



Emergen-C
Vitamin C
Dietary
Supplement
Super Orange
30 PKT
Selected Varieties

\$11.49



Rainbow Light
Women's One
Multivitamin
Vibrance
60 TAB

GF
\$14.49



Nature's Way
Alive! Men's
Multi Vitamin
Max3 Daily
90 TAB

\$19.49



Smarty Pants
Organic Gummy
Vitamins
Women's Complete
120 CT

GF
\$26.99



Ultima
Replenisher
Electrolyte
Powder
Lemonade
20 CT
Selected Varieties

GF
\$12.49



Quantum Health
Macula 30+
Eye Health
60 SGEL

\$21.49



Rescue
Stress
Relief Gum
Fresh Mint
25 CT

\$4.49



Cbd Unlimited
CBD BalmX
Topical Analgesic
2 OZ

\$49.99



Select Cbd
CBD Hemp
Muscle Rub
250mg
3 OZ

\$24.49



Organic India
Organic
Ashwagandha
Healthy Stress Response
90 VCAP
Selected Varieties

GF
\$18.49



Hylands Homeopathic
Cough Syrup
4 Kids
Cold 'N Cough
4 FL OZ
Selected Varieties

\$7.99

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Good-Mood Food

A smooth blend of amino acids and botanicals to help release tension for adults. When life feels a bit overwhelming, enjoy 2-4 pieces and feel the weight of the day fall away.

Good Day Chocolate

Calm Chocolate Supplement
Candy Coated Pieces
.99 OZ
Selected Varieties

2/\$5



Bulletproof
Brain Octane Oil
16 OZ

\$19.99



Onnit Labs
Alpha Brain
Instant
Peach Flavor
30 CT

\$44.99



Lifestix
Immune Probiotic
Drink Mix
Strawberry
30 CT

GF
\$13.49



Nuun Hydration
Electrolyte
Drink Tabs
Lemon And Lime
10 TAB
Selected Varieties

2/\$10



Brain Juice
Daily Shot
Strawberry Lemonade
2.5 FL OZ
Selected Varieties

2/\$5



Cherry Works
Original
Montmorency
Tart Cherry Concentrate
16 FL OZ

GF
\$18.99



PlantFusion
Complete Plant
Collagen Builder
Creamy Vanilla Bean
11.43 OZ
Selected Varieties

GF
\$29.99



Bulletproof
Collagen
Protein
Unflavored
17.6 OZ
Selected Varieties

\$29.99

The Next Green Superfood

Discover moringa, the super green more nutritious than kale. Moringa is rich in iron, calcium, vitamins, antioxidants and plant protein. Add a tablespoon of Kuli Kuli's Pure Moringa Vegetable Powder to your smoothie, or just about anything else, for the equivalent of one serving of vegetables.

Kuli Kuli
100% Organic Pure Moringa
Vegetable Powder
Green Superfood
7.4 OZ

GF
\$16.49



Bob's Red Mill
Protein Powder
Vanilla
16 OZ
Selected Varieties

GF
\$17.49



Sunwarrior
Collagen Building
Protein Peptides
Tahitian Vanilla
17.6 OZ

GF
\$24.49



Tera's Whey
Organic Protein Powder
Pumpkin
14.8 OZ
Selected Varieties

GF
\$24.99



Essential Living Foods
Organic Superfood
Smoothie Mix
Superberries + Protein
8 OZ
Selected Varieties

GF
\$6.99

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Be Game Day Ready

Better-For-You Snacking



Kettle Brand
Potato Chips
Sea Salt & Vinegar
5 oz

2/\$5

Selected Varieties

Pretzel Crisps
Deli Style
Pretzel Crisps
Original, 7.2 oz

2/\$5

Selected Varieties

Late July Snacks
Organic Mini
Sandwich Crackers
Peanut Butter, 5 oz

2/\$6

Selected Varieties

Late July Snacks
Organic Bite Size
Cheese Crackers
Cheddar, 8/1 oz

\$5.99

Selected Varieties

Late July Snacks
Organic Tortilla Chips
Thin & Crispy Sea Salt
11 oz

2/\$6

Selected Varieties

Late July Snacks
Organic
Cantina Dippers
White Corn, 8 oz

2/\$6

Selected Varieties

Late July Snacks
Organic Thick
and Chunky Salsa
Mild, 15.5 oz

2/\$6

Selected Varieties